

Full Moon Writing Circle

A full moon is often celebrated as a powerful time to reflect and release. This guided writing workshop offers a creative space to explore grief through writing, music, and ritual.



The workshop will include a brief mindfulness exercise followed by guided writing prompts and reflection.

Live music will be provided by Carpenter Hospice's music therapist. Registration required.

Monday, November 27, 2023

7pm-8:15pm

For more information or to register please contact Avalon Harris, Music Therapist at Carpenter Hospice.



Carpenter Hospice

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