### Building a Bridge of Care





# Re-Imagining Palliative Care



#### **ABOUT US**

Carpenter Hospice is a one-of-a-kind home located in the heart of Burlington. Since our opening in 2002, the hospice has been privileged to support thousands of individuals and families with their end-of-life journey. And it is a journey. Too many associate a hospice purely with the final stage of life. It is so much more than that. Carpenter Hospice is a place filled with life, love, and care.

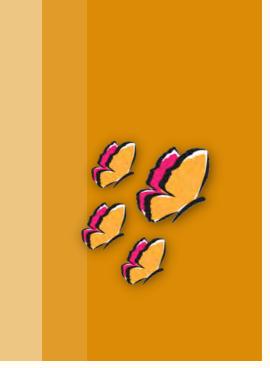
Carpenter Hospice provides a support system for the client, their caregivers, and their family. But we know we can do so much more. There is a gap in this support system. A gap that needs to address short-stay respite, wellness, family counselling, grief, and caregiver support.

We are set to address these most urgent needs and we need your support. Help us close the gap and Build a Bridge of Care.

Let's first understand, what is palliative care. It is an approach to care that improves the quality of life for clients and their caregivers and family. The focus for the client is on pain and symptom management and to relieve suffering throughout their illness, not just at the end of life. For the caregiver and family, it is about providing the additional support of respite relief that alleviates the stress of being the sole caregiver for their loved one.

Carpenter Hospice recently completed the Angelo and Darlene Paletta Care Wing: a spacious, modern 11-bedroom care wing that focuses on comfort and quality of life. It is a beautiful addition to the hospice.

Now is the time to expand our support system. Carpenter Hospice is set to take the lead and Build a Bridge of Care.





CANADIAN INSTITUTE FOR HEALTH INFORMATION, 2018

80% of care is most often provided by informal caregivers, like family, friends, and neighbours. And 1 in 3 caregivers have reported distress.

## THIS IS OUR BRIDGE OF CARE SOLUTION Respite Care Program

As the time a caregiver spends providing care increases, so can the distress they experience. Carpenter Hospice will provide the solution with short-term specialized care. The program is a two-fold approach of client support and caregiver respite. Instead of the client having to go to the hospital to address challenging symptoms, Carpenter Hospice is now their place of respite. They may need to remain in the hospice for a few days or a few weeks, depending on their need. This program will also provide respite for the caregiver who is struggling to cope, facing burnout and requires temporary relief from their caregiving.

Carpenter Hospice will work in partnership with the community and hospital healthcare providers to identify clients who would benefit from short, in-hospice respite. But we won't stop there. We understand that many individuals wish to remain at home so our program also includes home visits. Given a choice, most Canadians say they would prefer to die at home, yet just 15 percent manage to do so, according to a 2018 report by the Canadian Institute for Health Information. As leaders in palliative care, Carpenter Hospice is uniquely positioned to lead a re-imagining of end-of-life care. We will address this gap in care.



Now is the time to take care of the caregiver.

#### Wellness Outreach Program

Carpenter Hospice will help connect individuals and their caregivers earlier in their journey to services and wellness programs that proactively respond to their unique needs. Our approach is to move beyond treating only the symptoms of their illness, to holistically supporting the individual and their family. This program will ensure that we are present earlier in their palliative care journey with in-hospice therapies such as music, grief and bereavement services, Reiki, massage therapy, meditation, and educational workshops to address everyone's needs.







They treated my husband with such respect. His first words when he came here were, 'it's so peaceful.' It had been so stressful for awhile at home and it was nice when he could come stay at Carpenter Hospice. It gave us such a relief.

-Ann, wife of in hospice resident and volunteer



THE CHANGE FOUNDATION, 2018

40% say caregiving has had an impact on family relationships and 15% of caregivers have postponed enrolling in an education or training program because of their caregiving duties.

# Bereavement, Supportive Care and Spiritual Services



My Dad was recently at Carpenter Hospice, and I am filled with gratitude for the individual care each of the staff provided to him. They treated him with the utmost of dignity and care wrapped in love as if he was the only resident in the home. I am so appreciative of this special place!

-Renee, Daughter of in-hospice resident

Carpenter Hospice will help navigate and guide individuals and families to services with a comprehensive approach to wellness that encompasses body, mind, and soul connections.

For many, the time immediately following the death of a loved one is filled with a range of emotions and physical reactions. Caregivers and family members are now faced with additional challenges as they take their first steps on this new journey. Carpenter Hospice will provide the supports to assist in dealing with grief, as we share in their pain, their memories, laughter, tears, and stories.

Grief is an important part of the journey and Carpenter Hospice will have a dedicated staff member who is trained in bereavement and counselling. We know that when a loved one dies, the caregiver and family members will continue to need our support.

We will be there.

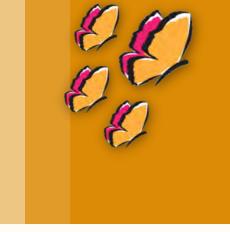
"

Carpenter Hospice has the connections and the expertise to be a leader of change.

# And, we have tremendous friends.

To propel our Bridge of Care forward, Carpenter Hospice has received a matching gift challenge of \$750,000 from Blair and Kathy McKeil, solid advocates for hospice, both personally and through their family foundation. They will match every dollar donated, up to \$750,000. Through their leadership, we have an opportunity to create real, measurable change.





Our commitment to Carpenter Hospice is deeply rooted in the respect that we have for its leadership, staff and treasured volunteers who give so much of themselves everyday to ensure their clients receive the skilled care they deserve. The Bridge of Care matching campaign supports the hospice's vital programs and services that will be made readily available to the broader community – giving individuals, caregivers and their families the specialized care they deserve to navigate end of life care with grace and dignity.

-Blair and Kathy McKeil

"

Carpenter Hospice is seeking visionary donors to support this matching challenge and this vital healthcare project.

Your donation today supports the delivery of re-imagined, innovative palliative care for your friends, families, and neighbours, right in our community. You, or someone close to you may need our help, and when they do, we will be there.

### Be a catalyst for change. Build a bridge of care.

### CARE PHILOSOPHY



Hospice palliative care providers across Ontario are united in their philosophy of care, values, and principles based on the work of the Canadian Hospice Palliative Care Association's Model to Guide Hospice Care (2009). We recognize that when a cure is not possible, providing care and comfort is a priority. We realize the value of attending to the emotional, social and spiritual needs along with a person's physical health care needs. We view each person as having unique hopes, fears, anger, expectations and desires. Our inter-professional teams provide compassionate, supportive, palliative care, which is client-centred, holistic and culturally sensitive.



Carpenter Hospice's logo is a butterfly which is a symbol of life and hope.

A closer look at the edge of the wings reveals four facial silhouettes representing four components of Carpenter Hospice – our clients and their caregivers and families, our staff, our volunteers, and our community.





2250 Parkway Drive | Burlington ON | L7P 1T1 www.thecarpenterhospice.com Phone: 905-631-9994

Charitable Number | 86312 1125 RR0001



